



AVAILABLE

PLANTS THAT CREATE  
GROUND COVER



PLANTS THAT SUPPORT  
MONARCHS



Native Nook  
Nursery

GREAT  
GROUND  
COVER

List last Updated: 6/15/2026

SHADE GARDEN






Available	Common Name	Groundcover	Support Monarchs	Scientific Name	Sun/Shade
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Rain Gardern Friendly- Some can grow in average soils





	Culvers Root			Veronicastrum virginicum	FS/PS	June-Aug
	Marsh Marigold			Caltha palustris	FS/PS	April-June
2027	Golden Alexanders			Zizia aurea	FS/PS	May-June
	Cutleaf Coneflower			Rudbeckia lanciniata	FS/PS	July-Sept
	Blue Mistflower			Conoclinium coelestinum	FS/PS	Aug-Oct
	Blue Vervain <b>50% OFF</b>			Verbena hastata	FS/PS	July-Aug
	Seedbox - <b>50% OFF</b>			Ludwigia alternifolia	FS	June- Sept
	Monkeyflower			Mimulus ringens	FS/PS	June-Sept
	Grass Leaved Goldenrod			Euthamia graminifolia	FS	July-Aug
	Joe Pye Weed 'Little Joe'			Eutrochium dubium	FS/PS	July-Sept Cultivar- 3-4 ft tall
	Spotted Joe Pye Weed			Eutrochium maculatum	FS/PS	July-Sept
	Sneezeweed			Helenium autumnale	FS/PS	July-Oct
	Common Boneset			Eupatorium perfoliatum	FS/PS	June-Oct
	Late Boneset			Eupatorium serotinum	FS/PS	Aug-Oct
	Swamp Rose Mallow			Hibiscus moscheutos	FS/PS	July-Sept
	Blue Flag Iris			Iris versicolor	FS/PS	May-July
<b>SOLD OUT</b>	Great Blue Lobelia			Lobelia siphilitica	FS/PS	Aug-Oct
	White Turtlehead			Chelone glabra	FS	July-Sept
	Dense Blazing Star			Liatris Spicata	FS	July-Aug
	Tall Water Parsnip			Sium suave	FS/PS	July-Sept




Goldenrod & Asters

	Blue Stem Goldenrod			Solidago caesia	Shade	Aug-Oct
<b>SOLD OUT</b>	Zig Zag Goldenrod			Solidago flexicaulis	Shade	Aug-Sept
	Early Goldenrod			Solidago juncea	FS/PS	July-Sept
	Old Field Goldenrod			Solidago nemoralis	FS/PS	Aug-Nov
	Showy Goldenrod			Solidago speciosa	FS/PS	Aug-Oct














	New England Aster	Symphotrichum novae-angliae	FS	Aug-Nov	
<b>SOLD OUT</b>	Aromatic Aster	Aster Oblongifolius	FS	Aug-Nov	
	Heart Leaved Aster	Symphotrichum cordifolium	PS/Shade	Sept-Oct	
	Smooth Blue Aster	Symphotrichum laeve	FS	Aug-Sept	
	Elm Leaf Goldenrod	Solidago ulmifolia	Dappled Sun/shade	July-Oct	
	Marsh Rattlesnake Master	Ergium aquaticum	FS	Sept-Oct	

### Other Perennials




	Wild Lupine	Lupinus perennis	FS PS	May-June	Needs will draining, rockier
	Lions Foot	Prenanthes alba	PS/Shade	Aug-Oct	
	White Vervian	Verbena urticifolia	Partial Shade	July-Sept	
	Golden Ragwort	Packera aurea	FS/PS/S	April-May	
	Hubricht's Bluestar	Amsonia hubricitti	FS/PS	May-June	Native to Arkansas- Vibrant yellow fall color
	Wild Geranium	Geranium maculatum	FS/PS/S	April-June	
	Spotted Bee Balm	Monarda punctata	FS/PS	June-Sept	
	Rattlesnake Master	Eryngium yuccifolium	FS	June-Sept	
<b>Aug 18</b>	Columbine	Aquilegia canadensis	FS/PS/S	April-May	
	Wild Petunia	Ruellia humilis	FS	June-Aug	
<b>SOLD OUT</b>	American Bellflower	Campanula americana	P Shade	July-Sept	
	Yellow Coneflower	Ratibida pinnata	FS/PS	July-Sept	
	Early/False Sunflower	Heliopsis helianthoides	FS/PS	June-Sept	
	Purple Coneflower	Echinacea purpurea	FS/PS	July-Sept	Introduced species
	Tall Garden Phlox 'Jeana'	Phlox paniculata 'Jeana'	FS	July-Sept	Cultivar- Long Bloom time/ Mildew resisant
	Showy Tick Trefoil <b>50%OFF</b>	Desmodium candense	FS	July-Aug	
	Orange Coneflower	Rudbeckia fulgida var fulgida	FS/PS	July-Sept	
	Tall Thimbleweed	Anemone virginiana	FS/PS/S	June-Aug	
	Foxglove Beardtounge	Penstemon digitalis	FS/PS	June-July	
	Plantain Leaf Pussytoes	Antennaria planaginifolia	FS/PS	April-June	
<b>TBD</b>	Field Pussytoes	Antennaria neglecta	FS/PS	April-June	
	Wild Strawberry	Fragaria virginiana	FS/PS/S	April- June	
	Striped Blue Violet	Viola sororia var.	Shade	March-June	
	Woodland Stonecrop	Sedum ternatum	P Sun/Light Shade	April-June	
	Lanceleaf Coreopsis	Lanceolota Coreopsis	FS	May-Aug	
	Rose Pink	Sabatia angularis	FS/PS	June-Sept	
	Evening Primrose	Oenothera	FS	May-Sept	Flowers open at sunset. Friends of the Moths
<b>N/A</b>	Pearly Everlasting	Anaphalis margartacea	Full Sun	June-Sept	
	Wild Blue Phlox	Phlox divaricata	Part Sun/Full Shade	April-June	
	Maximillians Sunflower	Helianthus maximiliani	FS	Aug-Oct	
	Pasture Thistle	Cirsium discolor	FS	July-Oct	
	Obedient Plant	Physostegia virginiana	FS/PS	July-Sept	
	Stout Blue Eyed Grass	Sisyrinchium angustifolium	FS/PS	May-June	
	Hoary Skullcap	Scutellaria incana	Part Sun	June-Sept	
	Rock Harlequin	Corydalis sempervirens	FS/PS	May-Sept	
	American Alumroot	Heuchera Americana	PS/Full Shade	May-July	
	Celandine Poppy	Stylophorum diphylum	Part Sun/Full Shade	April-June	
	Jacobs Ladder	Polemonium raptans	PS/Shade	April-May	

	Lyreleaf Sage	Salvia Lyrata	FS/PS	April-June
	Brown Eyed Susan	Rudbeckia triloba	FS	July-Oct
	Shorts Aster	Symphotrichum shortii	PS/Shade	Aug-Oct
















#### Herbal/ Medicinal

	Purple Giant Hyssop	Agastache scrophulariifolia	FS/PS	July-Oct	
	Anise Hyssop	Agastache foeniculum	FS/PS	June-Sept	
	Giant Yellow Hyssop	Agastache nepetoides	FS/PS	July-Oct	
	Clustered Mt. Mint	Pycnanthemum muticum	FS/PS	July-Sept	
	Slender Mountian Mint	Pycnanthemem tenuifilium	FS/PS	June-Sept	
	Virginia Mountian Mint	Pycnanthemum virginianum	FS/PS	June-Sept	
	Hoary Mountian Mint	Pycnanthemum incanum	FS/PS	July-Sept	
	Downy Wood Mint	Blephilia ciliata	FS/PS	June-July	
	Wild Bee Balm	Monarda fistulosa	FS/PS	July-Sept	
	Spotted Bee Balm	Monarda punctata	FS/PS	June-Sept	
	Scarlet Bee Balm	Monarda didyma	FS/PS	June-Aug	
	White Sagebrush	Artemisia ludovocoana	FS	July-Oct	Introduced Species/ Aggressive
	Wild Quinine	Partenium integrifolium	FS	June-Aug	






#### Vines







	Coral Honeysuckle	Lonicera sempervirens	FS	April-Sept
	Virgins Bower- 50% Off	Clematis virginiana	FS/PS	June-Sept
	Woolly Dutchman's Pipevine	Aristolochia tomentosa	Best in Partial shade	May-June

#### Grasses / Sedges/ Ferns

	Stout-Blue Eyed Grass	Sisyrinchium angustifolium	FS/PS	May-July
	Purple Lovegrass	Eragrostis spectabilis	FS/PS	July-Aug
	Little Bluestem	Schizachyrim scoparium	FS/PS	July-Oct
	Bottlebrush Grass	Elymus hystrix	Part Shade	June-Aug
	Switchgrass	Panicum virgatum	FS	July-Sept
	Northern Sea Oats	Chasmanthium latifolium	FS/PS	June-Sept
	Indian Grass	Sorghastrum nutans	FS	July-Sept
	Pennsylvania Sedge	Carex pennsylvanica	Shade	
	Seersucker Sedge	Carex plantaginea	Shade	
	Woods Sedge	Carex Woodi	Shade	
	Eastern Star Sedge	Carex Radiata	Shade	
	Blue Wood Sedge	Carex flaccosperma	Shade	
	Maidenhair Fern	Audiantum pedatum	Shade	
	Christmas Fern	Ploystrichum acrostichoides	Shade	
	Giant Wood Fern	Dryopleris goldiana	Shade	

#### Milkweeds

	Swamp Milkweed	 Asclepias Incarnata	FS/PS	June-Aug
	Common Milkweed	 Asclepias syriaca	FS/PS	June-Aug
<b>2027</b>	Purple Milkweed	 Asclepias purpurascens	FS/PS	May-Aug

	Butterflyweed		Asclepias tuberosa	FS/PS	June-Aug
	Whorled Milkweed		Asclepias verticillata	FS/PS/Light Shade	June-Aug
	Poke Milkweed		Asclepias exalta	Part Shade- Full Shad	June-July




**Ephemerals- Available March 14th!!**

**IMPORTANT!!**




!!!!!!Ephemerals require sunlight in the early spring through bare deciduous trees followed by shade from the trees leafing out. **AVOID EVERGREEN SHADE AREAS!!!!!!**

Plan to plant more than one ephemeral. Plant perennials and other late blooming perennials around them to avoid bare areas after the ephemerals fade away and to help avoid invasives from taking over the planting area.

Leave the leaves in the fall to help protect dormant ephemerals over winter. Some good companion spring blooming perennials include: Woodland Phlox-phlox divaricata, Columbine-Aquilegia canadensis, Foam Flower-Tiarella cordifolia, Wild Geranium, Geranium maculatum. You can also add native ferns and sedges in between. Dont forget to add summer and fall blooming perennials for a full season of blooms. Ephemerals require moist, well drained, humus-rich and slightly acidic soil that mimics forest floor. Please do your own additional research before planting. Best of Luck! :)

<b>2027</b>	Dutchmans Breeches	Dicentra cucullaria		Early Spring
<b>SOLD OUT</b>	Shooting Star	Dodecatheon meadia		Early Spring
	May Apple	Podophyllum peltum		Early Spring
	Red Trillium	Trillium Erectum		Early Spring
<b>SOLD OUT</b>	Sharp- Loabed Hepatica	Hepatica acutiloba		Early Spring
	Yellow Trout Lily	Erythronium americanum		Early Spring
<b>Spring 2027</b>	Virginia Blue Bells	Mertensia virginica		Early Spring
<b>2027</b>	Bloodroot	Sanguinaria canadensis		Early Spring

**Limited Supply Perennials**

	Turks Cap Lily	Lilium Superbum	Full Sun/PS	July-August
<b>SOLD OUT</b>	Solomans Seal	Polygonatum biflorum	P Shade/F Shade	April-July
	Allegheny Spruge	Pachysandra procumbens	P Shade/F Shade	March/May
	American Ginseng	Panax quinquefolius	P Shade/F Shade	May/July
<b>Coming Soon</b>	Dolls Eyes aka White Baneberry	Actaea pachypoda	P Shade/F Shade	May/June <b>THE ENTIRE PLANT IS HIGHLY POISONOUS TO HUMANS AND ANIMALS!! PLANT AT YOUR OWN RISK!!</b>






**Edible Trees**



**Size**

**Sun Requirements**

**Fruiting Time**

Please research before eating any fruits. Some may be toxic if eaten under ripe or raw







	Allegheny Serviceberry	#2	Amelanchier laevis	FS/PS	April	June
	Canadian Serviceberry	#2	Amelanchier canadensis	FS/PS	May	June
	Dwarf Serviceberry	#1	Amelanchier spicata	FS/PS	March/April	June
	American Plum	#2	Prunus American	FS/PS	April/June	June-Sept
	Allegheny Plum	#1	Prunus Alleghaniensis	FS/PS	April/May	Late Summer

<b>SOLD OUT</b>	Chickasaw Plum	#1	Prunus angustifolia	FS/PS	March/April	June
	Persimmon	#1	Diospyros virginiana	FS	May/June	Sept/Nov
	Paw Paw	#1	Asimina triloba	Best in understory	April/May	Aug/Oct







#### Non Edible Trees

	Fringtree	#3	Chionanthus virginicus		May-June	
	Redbud	#1	Cercis canadensis	Best in Understory	March/April	

#### Edible Shrubs

	Highbush Blueberry	#1	Vaccinium corymbosum	Full Sun	May/June	June-Sept
Spring 2027	Lowbush Blueberry	#1	Vaccinium angustifolium	Full Sun	May/June	July-Aug
Spring 2027	Black Huckleberry	#1	Gaylussacia baccata	Part Shade	May/June	July/Sept
	Hazelnut	#2	Corylus americana	Full Sun	March/April	July/Oct
	Fragrant Sumac	#2	Rhus aromatica	FS/PS	March/May	June-Aug
	Elderberry	#1	Sambucus canadensis	FS/PS	May/June	Aug/Sept
<b>SOLD OUT</b>	Nanny Viburnum	#1	Viburnum lentago	FS/PS	May	Late Fall
	Spicebush	#3	Lindera benzoin	FS/PS	March/May	Sept/Oct
	American Cranberry Viburnum	Qt	Viburnum trilobum	FS/PS	May/July	Aug/Oct

#### Non Edible Shrubs

	Red Elderberry	#1	Sambucus pubens	FS/PS	May	July/Aug
	Possomhaw Viburnum	#1	Viburnum nudum	FS/PS	May-July	
	Arrowwood Viburnum	Qt	Viburnum dentatum	FS/PS/Shade	May/June	
	Buttonbush	#1	Cephalanthus occidentalis	FS/PS	June/Aug	
	Sweetspire	#1	Itea virginica	FS/PS	May/June	
	Steeplebush <b>50% OFF</b>	QT	Spiraea tomentosa			

#### Perennials being grown for 2026 season!

(Availability TBD- not guaranteed)




Soon	Heart Leaf Golden Alaxander	Zizea aptera	
<b>GROWING</b>	Cardinal Flower	Lobelia cardinalis	
TBD	Indian Paintbrush	Castilleja coccinea	Will be sold growing with a Little Blue Stem Grass.
TBD	Robins Plantain	Erigeron pulchellus	
TBD	Heart Leaf Foamflower	Tiarella cordifolia	
TBD	Bunch Flower	Melanthium virginicum	
TBD	Big Blue Stem	Andropogon gerardii	
TBD	Prairie Drop Seed	Sporobolus virginica	
TBD	Meadowsweet	Spirea alba	
<b>June 16</b>	Golden Fleece' Goldenrod	Solidago Sphacelata 'Golden Fleece" Cultivar	

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TBD	False Nettle	Boehmeria cylindrica	Host plant for Red Admiral, Question Mark and Eastern Comma
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 **Non Native Herbs Grown for Swallowtail Host Plants**

	Parsley
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	Bronze Fennel

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