



AVAILABLE

PLANTS THAT CREATE
GROUND COVER



PLANTS THAT SUPPORT
MONARCHS



Native Nook
Nursery

GREAT
GROUND
COVER

List last Updated: 5/22/2026

SHADE TOLERANT

Available	Common Name	Ground cover	Support Monarchs	Scientific Name	Sun/Shade
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Rain Gardern Friendly- Some can grow in average soils




	Culvers Root			Veronicastrum virginicum	FS/PS	June-Aug
	Marsh Marigold			Caltha palustris	FS/PS	April-June
	Golden Alexanders			Zizia aurea	FS/PS	May-June
	Cutleaf Coneflower			Rudbeckia lanciniata	FS/PS	July-Sept
	Blue Mistflower			Conoclinium coelestinum	FS/PS	Aug-Oct
	Blue Vervain			Verbena hastata	FS/PS	July-Aug
	Seedbox - 50% Off			Ludwigia alternifolia	FS	June- Sept
	Monkeyflower			Mimulus ringens	FS/PS	June-Sept
	Grass Leaved Goldenrod			Euthamia graminifolia	FS	July-Aug
	Joe Pye Weed 'Little Joe'			Eutrochium dubium	FS/PS	July-Sept Cultivar- 3-4 ft tall
	Spotted Joe Pye Weed			Eutrochium maculatum	FS/PS	July-Sept
	Sneezeweed			Helenium autumnale	FS/PS	July-Oct
	Common Boneset			Eupatorium perfoliatum	FS/PS	June-Oct
	Late Boneset			Eupatorium serotinum	FS/PS	Aug-Oct
	Swamp Rose Mallow			Hibiscus moscheutos	FS/PS	July-Sept
	Blue Flag Iris			Iris versicolor	FS/PS	May-July
	Great Blue Lobelia			Lobelia siphilitica	FS/PS	Aug-Oct
	White Turtlehead			Chelone glabra	FS	July-Sept
	Dense Blazing Star			Liatriis Spicata	FS	July-Aug
	Tall Water Parsnip			Sium suave	FS/PS	July-Sept
























Goldenrod & Asters












Growing	Blue Stem Goldenrod			Soldiagio caesia	Shade	Aug-Oct
SOLD OUT	Zig Zag Goldenrod			Soldiagio flexicaulis	Shade	Aug-Sept
	Early Goldenrod			Solidago juncea	FS/PS	July-Sept
	Old Field Goldenrod			Solidago nemoralis	FS/PS	Aug-Nov
	Showy Goldenrod			Solidago speciosa	FS/PS	Aug-Oct
	New England Aster			Symphyotrichum novae-angliae	FS	Aug-Nov
	Aromatic Aster			Aster Oblongifolius	FS	Aug-Nov
	Heart Leaved Aster			Symphyotrichum cordifolium	PS/Shade	Sept-Oct
	Smooth Blue Aster			Symphyotrichum laeve	FS	Aug-Sept

Other Perennials					
🌿	Wild Lupine		Lupinus perennis	FS PS	May-June Needs will draining, rockier soils. Roots will rot in heavy clay
🌿	Lions Foot		Prenanthes alba	PS/Shade	Aug-Oct
🌿	White Vervian		Verbena urticifolia	Partial Shade	July-Sept
🌿	Golden Ragwort	🟢	Packera aurea	FS/PS/S	April-May
🌿	Hubricht's Bluestar		Amsonia hubricitti	FS/PS	May-June Native to Arkansas- Vibrant yellow fall color
🌿	Wild Geranium	🟢	Geranium maculatum	FS/PS/S	April-June
🌿	Spotted Bee Balm		Monarda punctata	FS/PS	June-Sept
🌿	Rattlesnake Master		Eryngium yuccifolium	FS	June-Sept
Aug 18	Columbine		Aquilegia canadensis	FS/PS/S	April-May
🌿	Wild Petunia	🟢	Ruellia humilis	FS	June-Aug
SOLD OUT	American Bellflower		Campanula americana	P Shade	July-Sept
🌿	Yellow Coneflower		Ratibida pinnata	FS/PS	July-Sept
🌿	Early/False Sunflower		Heliopsis helianthoides	FS/PS	June-Sept
🌿	Purple Coneflower		Echinacea purpurea	FS/PS	July-Sept Introduced species
🌿	Tall Garden Phlox 'Jeana'		Phlox paniculata 'Jeana'	FS	July-Sept Cultivar- Long Bloom time/ Mildew resisant
🌿	Showy Tick Trefoil		Desmodium canadense	FS	July-Aug
🌿	Orange Coneflower		Rudbeckia fulgida var fulgida	FS/PS	July-Sept
🌿	Tall Thimbleweed		Anemone virginiana	FS/PS/S	June-Aug
🌿	Foxglove Beardtounge		Penstemon digitalis	FS/PS	June-July
🌿	Plantain Leaf Pussytoes	🟢	Antennaria planaginifolia	FS/PS	April-June
GROWING	Field Pussytoes	🟢	Antennaria neglecta	FS/PS	April-June
🌿	Wild Strawberry	🟢	Fragaria virginiana	FS/PS	April- June
N/A	Striped Cream Violet	🟢	Viola striata	Shade	April -June
🌿	Woodland Stonecrop	🟢	Sedum ternatum	P Sun/Light Shade	April-June
🌿	Lanceleaf Coreopsis		Lanceolota Coreopsis	FS	May-Aug
🌿	Rose Pink		Sabatia angularis	FS/PS	June-Sept
🌿	Evening Primrose		Oenothera	FS	May-Sept Flowers open at sunset. Friends of the Moths
N/A	Pearly Everlasting		Anaphalis margartacea	Full Sun	June-Sept
🌿	Wild Blue Phlox		Phlox divaricata	Part Sun/Full Shade	April-June
🌿	Maximillians Sunflower		Helianthus maximiliani	FS	Aug-Oct
🌿	Pasture Thistle		Cirsium discolor	FS	July-Oct
🌿	Obedient Plant		Physostegia virginiana	FS/PS	July-Sept
🌿	Stout Blue Eyed Grass		Sisyrinchium angustifolium	FS/PS	May-June
🌿	Rock Harlequin		Corydalis sempervirens	FS/PS	May-Sept

Herbal/ Medicinal					
🌿	Purple Giant Hyssop		Agastache scrophulariifolia	FS/PS	July-Oct
🌿	Anise Hyssop		Agastache foeniculum	FS/PS	June-Sept
🌿	Giant Yellow Hyssop		Agastache nepetoides	FS/PS	July-Oct
🌿	Clustered Mt. Mint		Pycnanthemum muticum	FS/PS	July-Sept
🌿	Slender Mountian Mint		Pycnanthemem tenuifilium	FS/PS	June-Sept
🌿	Virginia Mountian Mint		Pycnanthemum virginianum	FS/PS	June-Sept
Growing	Hoary Mountian Mint		Pycnanthemum incanum	FS/PS	July-Sept
🌿	Downy Wood Mint	🟢	Blephilia ciliata	FS/PS	June-July
🌿	Wild Bee Balm		Monarda fistulosa	FS/PS	July-Sept
🌿	Spotted Bee Balm		Monarda punctata	FS/PS	June-Sept
June 2nd	Scarlet Bee Balm		Monarda didyma	FS/PS	June-Aug
🌿	White Sagebrush		Artemisia ludovocoana	FS	July-Oct Introduced Species/ Aggressive
🌿	Wild Quinine		Partenium integrifolium	FS	June-Aug

Vines					
	Coral Honeysuckle		Lonicera sempervirens	FS	April-Sept
	Virgins Bower- 50% Off		Clematis virginiana	FS/PS	June-Sept

Grasses / Sedges/ Ferns					
	Stout-Blue Eyed Grass		Sisyrinchium angustifolium	FS/PS	May-July
	Purple Lovegrass		Eragrostis spectabilis	FS/PS	July-Aug
	Little Bluestem		Schizachyrim scoparium	FS/PS	July-Oct
	Bottlebrush Grass		Elymus hystrix	Part Shade	June-Aug
	Switchgrass		Panicum virgatum	FS	July-Sept
	Northern Sea Oats		Chasmanthium latifolium	FS/PS	June-Sept
	Indian Grass		Sorghastrum nutans	FS	July-Sept
	Pennsylvania Sedge		Carex pennsylvanica	Shade	
	Seersucker Sedge		Carex plantaginea	Shade	
	Woods Sedge		Carex Woodi	Shade	
	Eastern Star Sedge		Carex Radiata	Shade	
	Blue Wood Sedge		Carex flaccosperma	Shade	
	Maidenhair Fern		Audiantum pedatum	Shade	
	Christmas Fern		Ploystrichum acrostichoides	Shade	
	Giant Wood Fern		Dryopteris goldiana	Shade	








Milkweeds					
	Swamp Milkweed		Asclepias Incarnata	FS/PS	June-Aug
	Common Milkweed		Asclepias syriaca	FS/PS	June-Aug
2027	Purple Milkweed		Asclepias purpurascens	FS/PS	May-Aug
	Butterflyweed		Asclepias tuberosa	FS/PS	June-Aug
	Whorled Milkweed		Asclepias verticillata	FS/PS/Light Shade	June-Aug
	Poke Milkweed		Asclepias exalta	Part Shade- Full Shad	June-July


Ephemerals- Available March 14th!! **IMPORTANT!!**

!!!!!!Ephemerals require sunlight in the early spring through bare deciduous trees followed by shade from the trees leafing out. AVOID EVERGREEN SHADE AREAS!!!!!!




Plan to plant more than one ephemeral. Plant perennials and other late blooming perennials around them to avoid bare areas after the ephemerals fade away and to help avoid invasives from taking over the planting area.

Leave the leaves in the fall to help protect dormant ephemerals over winter. Some good companion spring blooming perennials include: Woodland Phlox-phlox divaricata, Columbine-Aquilegia canadensis, Foam Flower-Tiarella cordifolia, Wild Geranium, Geranium maculatum. You can also add native ferns and sedges in between. Dont forget to add summer and fall blooming perennials for a full season of blooms. Ephemerals require moist, well drained, humus-rich and slightly acidic soil that mimics forest floor. Please do your own additional research before planting. Best of Luck! :)

2027	Dutchmans Breeches		Dicentra cucullaria		Early Spring
SOLD OUT	Shooting Star		Dodecatheon meadia		Early Spring
	May Apple		Podophyllum peltum		Early Spring
	Red Trillium		Trillium Erectum		Early Spring
SOLD OUT	Sharp- Loabed Hepatica		Hepatica acutiloba		Early Spring

	Yellow Trout Lily	Erythronium americanum		Early Spring
Spring 2027	Virginia Blue Bells	Mertensia virginica		Early Spring
2027	Bloodroot	Sanguinaria canadensis		Early Spring

Limited Supply Perennials

	Turks Cap Lily	Lilium Superbum	Full Sun/PS	July-August
SOLD OUT	Solomans Seal	Polygonatum biflorum	P Shade/F Shade	April-July
	Allegheny Spruce	Pachysandra procumbens	P Shade/F Shade	March/May
	American Ginseng	Panax quinquefolius	P Shade/F Shade	May/July

Coming Soon	Dolls Eyes aka White Baneberry	Actaea pachypoda	P Shade/F Shade	May/June THE ENTIRE PLANT IS HIGHLY POISONOUS TO HUMANS AND ANIMALS!! PLANT AT YOUR OWN RISK!!
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Edible Trees **Size** **Sun Requirements** **Fruiting Time**








Please research before eating any fruits. Some may be toxic if eaten under ripe or raw

	Allegheny Serviceberry	#2	Amelanchier laevis	FS/PS	April	June
	Canadian Serviceberry	#2	Amelanchier canadensis	FS/PS	May	June
	Dwarf Serviceberry	#1	Amelanchier spicata	FS/PS	March/April	June
	American Plum	#2	Prunus American	FS/PS	April/June	June-Sept
	Allegheny Plum	#1	Prunus Alleghaniensis	FS/PS	April/May	Late Summer
SOLD OUT	Chickasaw Plum	#1	Prunus angustifolia	FS/PS	March/April	June
	Persimmon	#1	Diospyros virginiana	FS	May/June	Sept/Nov
	Paw Paw	#1	Asimina triloba	Best in understory	April/May	Aug/Oct




Non Edible Trees

	Redbud	#1	Cercis canadensis	Best in Understory	March/April
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Edible Shrubs

	Highbush Blueberry	#1	Vaccinium corymbosum	Full Sun	May/June	June-Sept
SOLD OUT	Lowbush Blueberry	#1	Vaccinium angustifolium	Full Sun	May/June	July-Aug
SOLD OUT	Black Huckleberry	#1	Gaylussacia baccata	Part Shade	May/June	July/Sept
	Hazelnut	#2	Corylus americana	Full Sun	March/April	July/Oct
	Fragrant Sumac	#2	Rhus aromatica	FS/PS	March/May	June-Aug
	Elderberry	#1	Sambucus canadensis	FS/PS	May/June	Aug/Sept
	Nannyberry Viburnum	#1	Viburnum lentago	FS/PS	May	Late Fall
	Spicebush	#3	Lindera benzoin	FS/PS	March/May	Sept/Oct
	American Cranberry Viburnum	Qt	Viburnum trilobum	FS/PS	May/July	Aug/Oct



Non Edible Shrubs

	Red Elderberry	#1	Sambucus pubens	FS/PS	May	July/Aug
SOLD OUT	Arrowwood Viburnum	Qt	Viburnum dentatum	FS/PS	May/June	
	Buttonbush	#1	Cephalanthus occidentalis	FS/PS	June/Aug	
	Sweetspire	#1	Itea virginica	FS/PS	May/June	

Perennials being grown for 2026 season! (Availability TBD- not guaranteed)

Soon	Heart Leaf Golden Alexander	Zizia aurea	
JUNE 2nd	Jacobs Ladder	Polemonium raptans	
GROWING	Cardinal Flower	Lobelia cardinalis	
Soon	Wing Stem	Verbesina alternifolia	
	Lyreleaf Sage	Salvia lyrata	
TBD	Indian Paintbrush	Castilleja coccinea	Will be sold growing with a Little Blue Stem Grass.
TBD	Robins Plantain	Erigeron pulchellus	
TBD	Heart Leaf Foamflower	Tiarella cordifolia	
Soon	Shorts Aster	Symphotrichum shortii	
TBD	Bunch Flower	Melanthium virginicum	
Soon	Elm Leaf Goldenrod	Solidago ulmifolia	
TBD	Big Blue Stem	Andropogon gerardii	
TBD	Prairie Drop Seed	Sporobolus virginica	
TBD	Meadowsweet	Spirea alba	
June 16	Golden Fleece' Goldenrod	Solidago Sphacelata 'Golden Fleece" Cultivar	
Soon	Marsh Rattlesnake Master	Eryngium aquaticum	
TBD	False Nettle	Boehmeria cylindrica	Host plant for Red Admiral, Question Mark and Eastern Comma
Soon	Brown Eyed Susan	Rudbeckia triloba	
June 2nd	American Alumroot	Heuchera Americana	

Non Native Herbs Grown for Swallowtail Host Plants

	Parsley		
	Dill		
GROWING	Bronze Fennel		