



AVAILABLE

PLANTS THAT CREATE
GROUND COVER



PLANTS THAT SUPPORT
MONARCHS



Native Nook
Nursery

GREAT
GROUND
COVER

List last Updated: 5/28/2026

SHADE GARDEN


Available	Common Name	Groundcover	Support Monarchs	Scientific Name	Sun/Shade
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<u>Rain Gardern Friendly- Some can grow in average soils</u>					
	Culvers Root			Veronicastrum virginicum	FS/PS June-Aug
	Marsh Marigold			Caltha palustris	FS/PS April-June
	Golden Alexanders			Zizia aurea	FS/PS May-June
	Cutleaf Coneflower			Rudbeckia lanciniata	FS/PS July-Sept
	Blue Mistflower			Conoclinium coelestinum	FS/PS Aug-Oct
	Blue Vervain			Verbena hastata	FS/PS July-Aug
	Seedbox - 50% Off			Ludwigia alternifolia	FS June- Sept
	Monkeyflower			Mimulus ringens	FS/PS June-Sept
	Grass Leaved Goldenrod			Euthamia graminifolia	FS July-Aug
	Joe Pye Weed "Little Joe"			Eutrochium dubium	FS/PS July-Sept Cultivar- 3-4 ft tall
	Spotted Joe Pye Weed			Eutrochium maculatum	FS/PS July-Sept
	Sneezeweed			Helenium autumnale	FS/PS July-Oct
	Common Boneset			Eupatorium perfoliatum	FS/PS June-Oct
	Late Boneset			Eupatorium serotinum	FS/PS Aug-Oct
	Swamp Rose Mallow			Hibiscus moscheutos	FS/PS July-Sept
	Blue Flag Iris			Iris versicolor	FS/PS May-July
	Great Blue Lobelia			Lobelia siphilitica	FS/PS Aug-Oct
	White Turtlehead			Chelone glabra	FS July-Sept
	Dense Blazing Star			Liatriis Spicata	FS July-Aug
	Tall Water Parsnip			Sium suave	FS/PS July-Sept



<u>Goldenrod & Asters</u>					
	Blue Stem Goldenrod			Soldiagio caesia	Shade Aug-Oct
SOLD OUT	Zig Zag Goldenrod			Soldiagio flexicaulis	Shade Aug-Sept
	Early Goldenrod			Solidago juncea	FS/PS July-Sept
	Old Field Goldenrod			Solidago nemoralis	FS/PS Aug-Nov
	Showy Goldenrod			Solidago speciosa	FS/PS Aug-Oct
	New England Aster			Symphyotrichum novae-angliae	FS Aug-Nov
	Aromatic Aster			Aster Oblongifolius	FS Aug-Nov
	Heart Leaved Aster			Symphyotrichum cordifolium	PS/Shade Sept-Oct
	Smooth Blue Aster			Symphyotrichum laeve	FS Aug-Sept

Other Perennials					
	Wild Lupine		Lupinus perennis	FS PS	May-June Needs will draining, rockier soils. Roots will rot in heavy clay
	Lions Foot		Prenanthes alba	PS/Shade	Aug-Oct
	White Vervian		Verbena urticifolia	Partial Shade	July-Sept
	Golden Ragwort		Packera aurea	FS/PS/S	April-May
	Hubricht's Bluestar		Amsonia hubricitti	FS/PS	May-June Native to Arkansas- Vibrant yellow fall color
	Wild Geranium		Geranium maculatum	FS/PS/S	April-June
	Spotted Bee Balm		Monarda punctata	FS/PS	June-Sept
	Rattlesnake Master		Eryngium yuccifolium	FS	June-Sept
Aug 18	Columbine		Aquilegia canadensis	FS/PS/S	April-May
	Wild Petunia		Ruellia humilis	FS	June-Aug
SOLD OUT	American Bellflower		Campanula americana	P Shade	July-Sept
	Yellow Coneflower		Ratibida pinnata	FS/PS	July-Sept
	Early/False Sunflower		Heliopsis helianthoides	FS/PS	June-Sept
	Purple Coneflower		Echinacea purpurea	FS/PS	July-Sept Introduced species
	Tall Garden Phlox 'Jeana'		Phlox paniculata 'Jeana'	FS	July-Sept Cultivar- Long Bloom time/ Mildew resisant
	Showy Tick Trefoil		Desmodium candense	FS	July-Aug
	Orange Coneflower		Rudbeckia fulgida var fulgida	FS/PS	July-Sept
	Tall Thimbleweed		Anemone virginiana	FS/PS/S	June-Aug
	Foxglove Beardtounge		Penstemon digitalis	FS/PS	June-July
	Plantain Leaf Pussytoes		Antennaria planaginifolia	FS/PS	April-June
GROWING	Field Pussytoes		Antennaria neglecta	FS/PS	April-June
	Wild Strawberry		Fragaria virginiana	FS/PS/S	April- June
	Striped Blue Violet		Viola sororia var.	Shade	March-June
	Woodland Stonecrop		Sedum ternatum	P Sun/Light Shade	April-June
	Lanceleaf Coreopsis		Lanceolota Coreopsis	FS	May-Aug
	Rose Pink		Sabatia angularis	FS/PS	June-Sept
	Evening Primrose		Oenothera	FS	May-Sept Flowers open at sunset. Friends of the Moths
N/A	Pearly Everlasting		Anaphalis margartacea	Full Sun	June-Sept
	Wild Blue Phlox		Phlox divaricata	Part Sun/Full Shade	April-June
	Maximillians Sunflower		Helianthus maximiliani	FS	Aug-Oct
	Pasture Thistle		Cirsium discolor	FS	July-Oct
	Obedient Plant		Physostegia virginiana	FS/PS	July-Sept
	Stout Blue Eyed Grass		Sisyrinchium angustifolium	FS/PS	May-June
	Hoary Skullcap		Scutellaria incana	Part Sun	June-Sept
	Rock Harlequin		Corydalis sempervirens	FS/PS	May-Sept
















Herbal/ Medicinal					
	Purple Giant Hyssop		Agastache scrophulariifolia	FS/PS	July-Oct
	Anise Hyssop		Agastache foeniculum	FS/PS	June-Sept
	Giant Yellow Hyssop		Agastache nepetoides	FS/PS	July-Oct
	Clustered Mt. Mint		Pycnanthemum muticum	FS/PS	July-Sept
	Slender Mountian Mint		Pycnanthemem tenuifilium	FS/PS	June-Sept
	Virginia Mountian Mint		Pycnanthemum virginianum	FS/PS	June-Sept
Growing	Hoary Mountian Mint		Pycnanthemum incanum	FS/PS	July-Sept
	Downy Wood Mint		Blephilia ciliata	FS/PS	June-July
	Wild Bee Balm		Monarda fistulosa	FS/PS	July-Sept
	Spotted Bee Balm		Monarda punctata	FS/PS	June-Sept
June 2nd	Scarlet Bee Balm		Monarda didyma	FS/PS	June-Aug
	White Sagebrush		Artemisia ludovocoana	FS	July-Oct Introduced Species/ Aggressive

	Wild Quinine	Partenium integrifolium	FS	June-Aug
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Vines

	Coral Honeysuckle	Loniceria sempervirens	FS	April-Sept
	Virgins Bower- 50% Off	Clematis virginiana	FS/PS	June-Sept

Grasses / Sedges/ Ferns

	Stout-Blue Eyed Grass	Sisyrinchium angustifolium	FS/PS	May-July
	Purple Lovegrass	Eragrostis spectabilis	FS/PS	July-Aug
	Little Bluestem	Schizachyrim scoparium	FS/PS	July-Oct
	Bottlebrush Grass	Elymus hystrix	Part Shade	June-Aug
	Switchgrass	Panicum virgatum	FS	July-Sept
	Northern Sea Oats	Chasmanthium latifolium	FS/PS	June-Sept
	Indian Grass	Sorghastrum nutans	FS	July-Sept
	Pennsylvania Sedge	Carex pennsylvanica	Shade	
	Seersucker Sedge	Carex plantaginea	Shade	
	Woods Sedge	Carex Woodi	Shade	
	Eastern Star Sedge	Carex Radiata	Shade	
	Blue Wood Sedge	Carex flaccosperma	Shade	
	Maidenhair Fern	Audiantum pedatum	Shade	
	Christmas Fern	Ploystrichum acrostichoides	Shade	
	Giant Wood Fern	Dryopteris goldiana	Shade	

Milkweeds

	Swamp Milkweed	 Asclepias Incarnata	FS/PS	June-Aug
	Common Milkweed	 Asclepias syriaca	FS/PS	June-Aug
2027	Purple Milkweed	 Asclepias purpurascens	FS/PS	May-Aug
	Butterflyweed	 Asclepias tuberosa	FS/PS	June-Aug
	Whorled Milkweed	 Asclepias verticillata	FS/PS/Light Shade	June-Aug
	Poke Milkweed	 Asclepias exalta	Part Shade- Full Shad	June-July



Ephemerals- Available March 14th!!

IMPORTANT!!

Leave the leaves in the fall to help protect dormant ephemerals over winter. Some good companion spring blooming perennials include: Woodland Phlox-phlox divaricata, Columbine-Aquilegia canadensis, Foam Flower-Tiarella cordifolia, Wild Geranium, Geranium maculatum. You can also add native ferns and sedges in between. Dont forget to add summer and fall blooming perennials for a full season of blooms. Ephemerals require moist, well drained, humus-rich and slightly acidic soil that mimics forest floor. Please do your own additional research before planting. Best of Luck! :)

!!!!!!Ephemerals require sunlight in the early spring through bare deciduous trees followed by shade from the trees leafing out. AVOID EVERGREEN SHADE AREAS!!!!!!

Plan to plant more than one ephemeral. Plant perennials and other late blooming perennials around them to avoid bare areas after the ephemerals fade away and to help avoid invasives from taking over the planting area.

2027	Dutchmans Breeches	Dicentra cucullaria		Early Spring
SOLD OUT	Shooting Star	Dodecatheon meadia		Early Spring
	May Apple	Podophyllum peltum		Early Spring
	Red Trillium	Trillium Erectum		Early Spring

SOLD OUT	Sharp- Loabed Hepatica	Hepatica acutiloba		Early Spring
	Yellow Trout Lily	Erythronium americanum		Early Spring
Spring 2027	Virginia Blue Bells	Mertensia virginica		Early Spring
2027	Bloodroot	Sanguinaria canadensis		Early Spring

Limited Supply Perennials

	Turks Cap Lily	Lilium Superbum	Full Sun/PS	July-August
SOLD OUT	Solomans Seal	Polygonatum biflorum	P Shade/F Shade	April-July
	Allegheny Spruce	Pachysandra procumbens	P Shade/F Shade	March/May
	American Ginseng	Panax quinquefolius	P Shade/F Shade	May/July
Coming Soon	Dolls Eyes aka White Baneberry	Actaea pachypoda	P Shade/F Shade	May/June THE ENTIRE PLANT IS HIGHLY POISONOUS TO HUMANS AND ANIMALS!! PLANT AT YOUR OWN RISK!!

Edible Trees

Size

Sun Requirements

Fruiting Time

Please research before eating any fruits. Some may be toxic if eaten under ripe or raw

	Allegheny Serviceberry	#2 Amelanchier laevis	FS/PS	April	June
	Canadian Serviceberry	#2 Amelanchier canadensis	FS/PS	May	June
	Dwarf Serviceberry	#1 Amelanchier spicata	FS/PS	March/April	June
	American Plum	#2 Prunus American	FS/PS	April/June	June-Sept
	Allegheny Plum	#1 Prunus Alleghaniensis	FS/PS	April/May	Late Summer
SOLD OUT	Chickasaw Plum	#1 Prunus angustifolia	FS/PS	March/April	June
	Persimmon	#1 Diospyros virginiana	FS	May/June	Sept/Nov
	Paw Paw	#1 Asimina triloba	Best in understory	April/May	Aug/Oct

Non Edible Trees


	Fringtree	#3 Chionanthus virginicus		May-June
	Redbud	#1 Cercis canadensis	Best in Understory	March/April

Edible Shrubs

	Highbush Blueberry	#1 Vaccinium corymbosum	Full Sun	May/June	June-Sept
SOLD OUT	Lowbush Blueberry	#1 Vaccinium angustifolium	Full Sun	May/June	July-Aug
SOLD OUT	Black Huckleberrry	#1 Gaylussacia baccata	Part Shade	May/June	July/Sept
	Hazelnut	#2 Corylus americana	Full Sun	March/April	July/Oct
	Fragrant Sumac	#2 Rhus aromatica	FS/PS	March/May	June-Aug
	Elderberry	#1 Sambucus canadensis	FS/PS	May/June	Aug/Sept
SOLD OUT	Nanny Viburnum	#1 Viburnum lentago	FS/PS	May	Late Fall
	Spicebush	#3 Linder benzoin	FS/PS	March/May	Sept/Oct
	American Cranberry Viburnum	Qt Viburnum trilobum	FS/PS	May/July	Aug/Oct

Non Edible Shrubs



	Red Elderberry	#1 Sambucus pubens	FS/PS	May	July/Aug
	Possomhaw Viburnum	#1 Viburnum nudum	FS/PS	May-July	
	Arrowwood Viburnum	Qt Viburnum dentatum	FS/PS/Shade	May/June	
	Buttonbush	#1 Cephalanthus occidentalis	FS/PS	June/Aug	

	Sweetspire	#1	Itea virginica	FS/PS	May/June
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Perennials being grown for 2026 season! (Availability TBD- not guaranteed)

Soon	Heart Leaf Golden Alexander	Zizea aptera	
JUNE 2nd	Jacobs Ladder	Polemonium raptans	
GROWING	Cardinal Flower	Lobelia cardinalis	
	Wing Stem	Verbesina alterifolia	
	Lyreleaf Sage	Salvia Lyrata	
TBD	Indian Paintbrush	Castilleja coccinea	Will be sold growing with a Little Blue Stem Grass.
TBD	Robins Plantain	Erigeron pulchellus	
TBD	Heart Leaf Foamflower	Tiarella cordifolia	
Soon	Shorts Aster	Symphyotrichum shortii	
TBD	Bunch Flower	Melanthium virginicum	
Soon	Elm Leaf Goldenrod	Solidago ulmifolia	
TBD	Big Blue Stem	Andropogon gerardii	
TBD	Prairie Drop Seed	Sporobolus virginica	
TBD	Meadowsweet	Spirea alba	
June 16	Golden Fleece' Goldenrod	Solidago Sphacelata 'Golden Fleece" Cultivar	
Soon	Marsh Rattlesnake Master	Ergium aquaticum	
TBD	False Nettle	Boehmeria cylindrica	Host plant for Red Admiral, Question Mark and Eastern Comma
Soon	Brown Eyed Susan	Rudbeckia triloba	
June 2nd	American Alumroot	Heuchera Americana	

Non Native Herbs Grown for Swallowtail Host Plants

	Parsley	
	Dill	
GROWING	Bronxe Fennel	